



ICPM 2011

The 21st World Congress on Psychosomatic Medicine *Seoul*

**New Vision for Psychosomatic Medicine:
Beyond Science and Borders**

August 25 - 28, 2011
National Museum of Korea, Seoul, Korea
www.icpm2011.org



The Korean Society of Stress Medicine



The International College of Psychosomatic Medicine

WELCOME MESSAGE

Dear Colleagues,

On behalf of the Organizing Committee, we're pleased to announce that the 21st World Congress on Psychosomatic Medicine will be held in Seoul, Korea, August 25-28, 2011.

Colleagues from around the world are invited to exchange advanced Knowledge of the interaction between mind and Body and the mechanisms of diseases. We also plan to have you get an opportunity to explore and discuss a variety of issues in basic and clinical research relevant to stress, psychosomatic medicine, primary care, and other various clinical problems we can share. In addition, we are going to extend our topics to areas beyond science and borders, as the main theme of the Congress suggests. And of course, we would like to offer you the opportunity to get together with old friends and colleagues, as well as becoming acquainted with new ones.

Seoul has become a favorite destination for international conventions because of its state-of-the-art conference facilities, services and a wide range of accommodations. With 5,000 years of history, participants can enjoy both traditional Korean culture and a technologically advanced metropolitan city.

We cordially invite you to join us and be part of this emerging, inter-disciplinary field at the 21st World Congress on Psychosomatic Medicine. We hope that you will take this chance to explore one of the most exciting and wonderful countries in the world. We are looking forward to seeing you in Seoul, 2011.

Sincerely,



A stylized, handwritten signature in black ink.

Kyung Bong Koh, MD, PhD
Co-chairperson
ICPM 2011



A stylized, handwritten signature in black ink.

Byung-Il Min, MD, PhD
Co-chairperson
ICPM 2011

COMMITTEE

ICPM Executive Board

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	Chiharu Kubo	So Woo Lee	Ming-been Lee
	Masato Murakami	Amarendra N. Singh	Louis T. van Zyl
	Zhao Zhifu		

CONGRESS SCHEDULE

Date	August 25 (Thu)					August 26 (Fri)					August 27 (Sat)					August 28 (Sun)				
Room	Lobby	Room1	Room2	Room3	Room4	Lobby	Room1	Room2	Room3	Room4	Lobby	Room1	Room2	Room3	Room4	Lobby	Room1	Room2	Room3	Room4
08:30																				
09:00																				
09:30							PL3 (Christopher Coe)					PL5 (Hoyle Leigh)					PL6 (Adriaan Visser)			
10:00							Break					Break					Break			
10:30		Opening Ceremony					PS1		SY7	SY8		PS3	SY12	SY13	W2		PS4	SY18	KS1	W5
11:00		PL1 (Tatjana Sivik)																		
11:30																				
12:00		SY1		SY2	W1		Lunch & Poster Presentation					Lunch & Poster Presentation					Lunch & Poster Presentation			
12:30																				
13:00	Exhibition (10:10-18:00) Registration (09:30-18:00)	Lunch					PL4 (Kyung Bong Koh)					SY14 SY15 W3					PL7 (Jon Streltzer)			
13:30																				
14:00		PL2 (Arnstein Finset)					Break					SY16 SY17 W4					Break			
14:30							PS2		SY9	SY10							SY19	SY20	KS2	W6
15:00		SY3		SY4	SY5															
15:30																				
16:00																				
16:30							SY11		O3	O4							Closing			
17:00		SY6		O1	O2							O5	O6							
17:30							Museum Guided Tour													
18:00																				
18:30		Welcome Reception										Banquet								
19:00																				

PL: Plenary Lecture SY: Symposium
O: Oral Presentation W: Workshop
KS: KSSM Session

SCIENTIFIC PROGRAM

Plenary Lectures

PL 01



Pain, Anxiety and Depression: The Three Major Human "Languages" of Emotional Distress

Tatjana Sivik (Gothenburg University, Sweden)

PL 02



Communication and Emotion Regulation: Psychophysiology of Doctor-Patient Relationship

Arnstein Finset (University of Oslo, Norway)

PL 03



All Roads Lead to Psychoneuroimmunology

Christopher Coe (University of Wisconsin, USA)

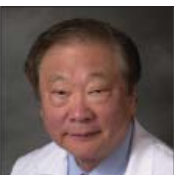
PL 04



Identity of Somatoform Disorder Revisited

Kyung Bong Koh (Chair of the ICPM 2011 organizing committee, Yonsei University, Korea)

PL 05



When Memory is Liberated: Genes, Memes, Culture, and Psychosomatic Medicine

Hoyle Leigh (University of California, San Francisco, USA)

PL 06



Cancer in a Psychosomatic Perspective: from Psychosocial Problems to Effective Interventions

Adriaan Visser (Rotterdam University, The Netherlands)

PL 07



Psychosomatic Medicine: Lessons from the Past: Issues in the Present

Jon Streltzer (President of the ICPM, University of Hawaii, USA)

SCIENTIFIC PROGRAM

Plenary Symposium

PS01 Epigenesis, Pain and Complementary Medicine

Epigenesis and Stress: A Psychosomatic Cascade

Hoyle Leigh (University of California, San Francisco, USA)

A Psychosomatic Approach to Chronic Pain Management

Jon Streltzer (University of Hawaii, USA)

Role of Integrative Medicine in Psychosomatic Medicine

Sae-il Chun (CHA University, Korea)

PS02 Therapeutic Intervention in Psychosomatic Medicine

Taopsychotherapy and Psychosomatic Medicine

Suk-Hun Kang (Kyungbook National University, Korea)

Motivational Interviewing in Behavioral Medicine

Hiroaki Harai (Nagoya Mental Clinic, Japan)

Effect of Psychodrama for Battered Women to Reduce Their Psychosomatic Symptoms

Sunghee Cho (Baekseok University, Korea)

PS03 Integrative Treatment and Health Psychology in Psychosomatic Medicine

Psychosomatic Medicine and Integrative Medicine

Kwang Ho Pyun (The Catholic University of Korea, Korea)

Integrative Psychosomatic Treatment of Patients Suffering from Burn-out Syndrome

Tatjana Sivik (Gothenburg University, Sweden)

Complex Evolutive Systems: Toward a New Paradigm in Psychosomatic Treatment

Matteo Bruscoli (Societa Italiana Medicina Psicosomatica (Sezione Toscana), Italy)

Clinical Health Psychology in Psychosomatic Medicine

Arnstein Finset (University of Oslo, Norway)

PS04 Biological Mechanisms and Religion in Health and Disease

Prenatal Origins of Health and Disease

Christopher Coe (University of Wisconsin, USA)

Stress Reduction: Dose Effect on Immune Responses in Breast Cancer Patients

Duck-Hee Kang (University of Texas, USA)

Psychosomatic Aspect of Sleep Apnea

Yoshihiro Urade (Osaka Bioscience Institute, Japan)

Religion and Health

Jin Wook Shon (Gyeongsang National University Hospital, Korea)

SCIENTIFIC PROGRAM

Symposium

- SY01 Fatigue in the Context of Sleep Disorders
- SY02 Alexismia: A Shift in Focus from Alexithymia
- SY03 Anger and Embitterment: Are there any Cultural Differences?
- SY04 The Health Benefits of Therapeutic Activities in the Forest
- SY05 Cognitive and Behavioral Interventions for Chronic Fatigue Syndrome: Effectiveness, New Treatment Forms and Mechanisms of Change
- SY06 Psychology of Erectile Dysfunction Patients and Their Partners
- SY07 Psycho-neuro-immunology
- SY08 Neurophysiology of Sleep Disorder
- SY09 Stress and Communication of Health Care Professionals
- SY10 Roles of Genes and Environments for the Etiologies of Complex Medical and Behavioral Traits: Findings from Twin Studies
- SY11 Chronic Fatigue Syndrome
- SY12 Management of Pain Disorder
- SY13 Stress and Emotional Health at the Workplace
- SY14 Pain Mechanism
- SY15 Psychosomatic Approach of Chronic Intestinal Diseases: IBS and IBD
- SY16 Job Satisfaction and Stress Management
- SY17 Psychosomatic Education: What, Where, and When?
- SY18 Psychosomatic Medicine and Traditional Asian Medicine in Korea, China, Japan

Workshop

- W01 The Unexplainable Explained: How to Handle Medically Unexplained Symptoms
Adriaan Visser (Rotterdam University, The Netherlands)
- W02 Cognitive Behavioral Wisdom Psychotherapy in the Treatment of Reactive and Adjustment Disorders
Michael Linden (Charite University Medicine Berlin and Rehab Center Seehof, Germany)
- W03 Medically Unexplained Symptoms (MUS) in the Ambulatory Setting of a Pediatric Hospital
Alice M. Chan-Yip (McGill University Health Centre, Canada)
- W04 Anger Management
Kyum Chon (The University of Utah, USA)
- W05 Neovitalism: Advancing a Robust Philosophy of Life for Scientific Psychosomatic Medicine into the 21st Century and Beyond
Michael Schwartz (Texas A&M Health Science Center College of Medicine, USA)

KSSM Session

- Date: August 28(Sun.), 2011
- Place: Room3
- * Session will be run in Korean.

CALL FOR ABSTRACT

ICPM 2011 Scientific Program Committee cordially invites you to submit abstracts for oral and poster presentations. All abstracts should be submitted online by **May 31, 2011**.

Abstract Submission Guideline

The submission of an abstract implies your consent to publish it in the Abstract Book and that the author will participate in the ICPM 2011. All presenting authors of accepted abstracts are expected to attend the congress and register via online registration by **June 30, 2011**.

1. Abstracts should be submitted online.
2. Abstracts should be written and presented in English.
3. Each abstract should be less than 250 words.
4. The abstract title should clearly define the content of the abstract.
5. All abstracts should be composed in the following order to include: Objectives, Methods, Results, and Conclusions.
6. Authors may further edit and modify submitted abstracts until the submission deadline. It is the responsibility of the authors to ensure that their text does not contain typos or grammatical errors.
7. No proofreading will be carried out, and no correction will be possible after the submission deadline.
8. Authors have the option of choosing their presentation type (oral or poster). However, the scientific program committee will make the final decision.
9. You will automatically receive Confirmation of your submission via email after your submission.
10. Do not submit attachments, slides, or any reference materials with the abstracts.

Topics include the following

1. Stress & mental health
2. Behavioral and psychosocial mechanisms in psychosomatic medicine
3. Psychophysiology
4. Psychoneuroimmunology
5. Psychoendocrinology
6. Cancer and stress
7. Diagnostic issues
8. Prevention and Intervention
9. Oriental Medicine.
10. Occupational settings in Psychosomatic medicine
11. Reproductive health and sexual functioning
12. Pain
13. Sleep
14. Pharmacological treatment
15. Computerized diagnosis and treatment
16. The application of mindfulness-based stress reduction program
17. Eating disorders
18. Panic disorder
19. Depression
20. Prevention of Suicide
21. Somatoform disorders
22. Gastrointestinal disorders
23. Cardiovascular disorders
24. Respiratory disorders
25. Neurological disorders
26. Endocrinological disorders
27. Fibromyalgia and musculoskeletal disorders
28. Consultation-liaison psychiatry
29. Use of natural environment
30. Culture and psychosomatic medicine
31. Genetics and psychosomatic medicine
32. Self-management
33. Stress, coping and vulnerability
34. Quality of life
35. Others

SOCIAL EVENT

WELCOME RECEPTION

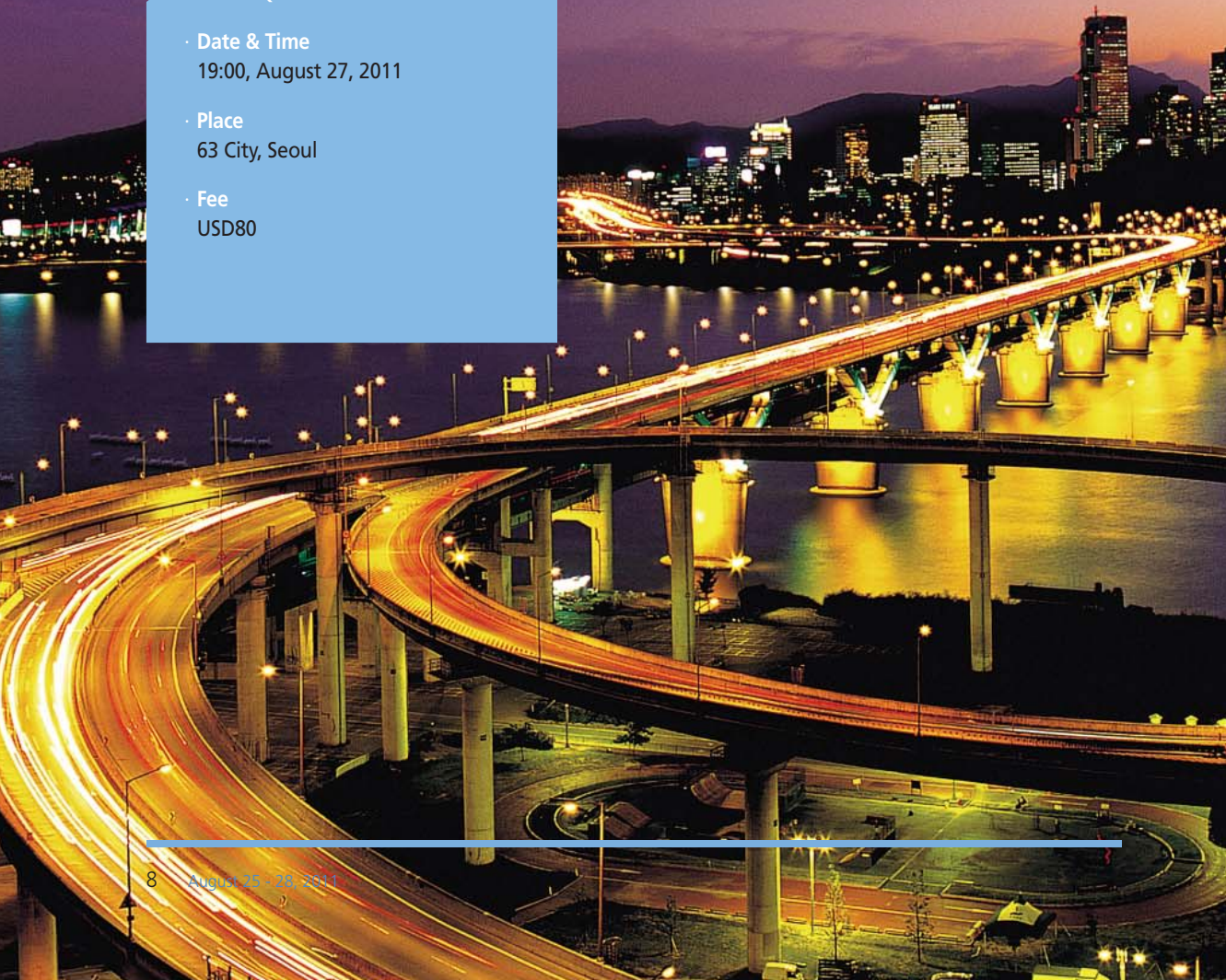
- Date & Time
18:00, August 25, 2011
- Place
Front Yard,
The National Museum of Korea
- Fee
Free of Charge

MUSEUM GUIDED TOUR

- Date & Time
17:00, August 26, 2011
- Departure
Meeting Point in the Great Hall
- Fee
Free of Charge
- Language
English

BANQUET

- Date & Time
19:00, August 27, 2011
- Place
63 City, Seoul
- Fee
USD80



REGISTRATION

Participants are advised to register before **May 31, 2011** to receive the early registration discount. Please read carefully the registration guidelines on the below.

Registration Fee

Category	Early-bird Registration (Up to May 31, 2011)	Pre-registration (Up to June 30, 2011)	On-site Registration (From July 1, 2011)
ICPM Member	USD450	USD550	USD600
Non ICPM Member	USD550	USD650	USD700
Student (less than 35 years old)	USD250	USD350	USD400
Accompanying Person	USD100	USD100	USD100

- Students are requested to submit their proof of enrollment or student ID/certificate verifies their status to the Secretariat by email or fax.
- Above registration fees include all congress activities: scientific programs, reception, exhibition and coffee breaks.
- **Exception: Accompanying person fee includes only reception and exhibition.**

Methods of Payment

- Credit Card : VISA, Master and JCB are accepted. Please clearly state credit card information.
- Direct bank transfers should be made to the account below. A copy of the receipt of the bank remittance should be sent to the Secretariat by e-mail or fax.
 - Bank Name : Hana Bank
 - Account Number : 576-910139-30207
 - Account Holder : KeumSun Han
 - Swift Code : HNBKCRSE
 - Bank Address : 101-1, 1ka, Eulji-ro, Chung-ku, Seoul, Korea

* All bank charges for remittance must be borne by the registrant. Please note that the fee must be transferred under the registrant's name and must be stated on the receipt.

Registration Process

Please select one of the following processes.

- Click Online Registration button on the website and use a fully secured e-commerce payment system.
- Download a printable version of the registration form from the website and send it by fax (+82-2-566-6087) or E-mail (icpm@icpm2011.org) it to the Secretariat.

Cancellation and Refund Policy

Notification of cancellation must be made in writing to the Secretariat by e-mail or fax. Only cancellations made in writing will be accepted.

Date	Amount to be refunded
By June 30, 2011	50% refund
From July 1, 2011	No refund

* All bank charges for remittance must be paid by the registrants.

* Refunds will be made after the Congress.

ACCOMMODATION

Special rates have been secured by the committee but can be obtained only until **June 30, 2011**. In order to secure hotel accommodations, participants should reserve their room on-line only.

List of Congress Hotels

No.	Class	Hotel	Room Type	Discount rate	Distance
1	★★★★★	Millennium Hilton	Single Room	210,000	6.5km
			Double Room	245,000	
2	★★★	Hamilton Hotel	DBL/TWN	135,000	3km
			Deluxe TWN	145,000	
3	★★★	IP Boutique Hotel	Superior DBL	139,000	3km
			Superior TWN		
4	★★★★★	JW Marriott	Superior Room	200,000	5.7km
5	★★★★★	Seoul Palace Hotel	S TWN	140,000	5.5km
			E DBL	180,000	
6	★★★★★	Seoul Plaza Hotel	Deluxe DBL	195,000	6.5km
7	★★★★★	Koreana Hotel	Business Queen	145,000	7.2km
			Business TWN	160,000	
8	★★★★★	Sejong Hotel Seoul	DBL	132,000	8km
			TWN	144,000	
9	★★★★★	Hotel President	TWN	130,000	7km
10	★★★★★	The Shilla Seoul	Standard Room	231,000	7km
			Deluxe DBL	264,000	
11	★★★★★	Grand Ambassador Seoul	Superior Room	150,000	7.4km
12	★★★★★	Seoul Garden Hotel	DBL/TWN	110,000	5.3km

* A 10% service charge and 10% tax will be added to the above room rates except Hamilton Hotel.

TOURS



Half Day Tour

HT-1 Palace Tour: Aug. 25 13:00~17:00 (KRW 43,000)

HT-2 DMZ Tour: Aug. 26 07:30~13:00 (KRW 63,000)

HT-3 Making 'Makgeolli' Experience: Aug. 27 13:00~18:00 (KRW 97,000)

Full Day Tour

FT-1 Icheon Ceramics Village: Aug. 26 09:00~17:00 (KRW105,000)

FT-2 63City Tour: Aug.27 09:30~15:00 (KRW70,000)

FT-3 Theme Park Tour: Aug. 28 08:00~18:00 (KRW130,000)

Night Tour

NT-1 Cruise & N Seoul Tower: Aug. 25 18:30~22:30 (KRW62,000)

NT-2 Night Shopping: Aug. 26 19:00~22:30 (KRW46,000)

PRE / POST Tour

PT-1 National Park: Aug. 29~30 (KRW550,000)

PT-2 Jeju Island: Aug. 29~31 (KRW880,000)

Seoul City Tour Bus

- City Circulation Course circulates 27 stops for tourists to get off at any station and take the next bus to move on the next stop (blue line of the map, one way).
- Operation Hours: 9 am~9 pm (Bus leaves every 30 minutes with the last bus at 7 pm)
- Tour Duration : About 2 hours and subject to change according to traffic conditions
- Bus Fare: KRW 10,000 per day
- For more information: +82-2-777-6090 (Seoul City Tour office)

SPONSORSHIP

Be a sponsor at ICPM 2011 and choose from a variety of sponsorship opportunities to meet your marketing goals and budget. ICPM2011 will be a great opportunity to promote your business.

Sponsors may choose from a variety of sponsorship levels, each offering effective value-added benefits and sponsorship recognition. Work with the ICPM 2011 secretariat or a member of the Organizing Committee to select the sponsorship level and opportunities that meet your sales and brand objectives.

You are also welcome to suggest any proposal for sponsoring in any format.

▶ PLATINUM KRW 30,000,000	▶ GOLD KRW 20,000,000	▶ SILVER KRW 10,000,000
▶ BRONZE KRW 3,000,000	▶ OTHERS Tailor-made	

Exhibition

Venue	Lobby, Conference Center, The National Museum of Korea	
Exhibition Days	August 25-28, 2011	
Price	Space Only	KRW 3,000,000 / 1booth
	Standard	KRW 3,500,000 / 1booth

Application

Space will be assigned in accordance with the sponsorship level, with major sponsors having priority. Due to space limitations, the exhibition areas will be distributed on a first-come, first served basis. Companies interested in exhibiting should contact the secretariat by filling out and submitting the Exhibition Application Form. Please download the application form from the website www.icpm2011.org, complete and submit it to the secretariat via fax (+82-2-566-6087) or Email (icpm@icpm2011.org)

VENUE

ICPM 2011 offers you the unique experience to learn up-to-date knowledge from outstanding specialists in various fields as well as the chance to understand traditional Korean culture and history at the National Museum of Korea.

A window into the history of Korea, the National Museum of Korea preserves and displays Korean culture and heritage. It is the largest museum in Korea, proudly exhibiting not only Korean cultural artifacts but also works of art from across Asia. After being relocated to a brand new building in Yongsan in 2005, it has evolved into a world-class cultural complex that features various lecture rooms and exhibition halls. Many events including cultural performances, international conferences and academic symposia are frequently held here.

Seoul

Seoul, as the capital city of Korea, acts as the political, cultural, commercial, and financial center. Seoul is also a historical city, the ancient capital of the Chosun-Dynasty for 500 years, with many tourist attractions, including old palaces and gardens. In Seoul, the past and the present meet together and coexist in harmony. During the Congress, you will be able to enjoy both the flavor of the traditional Korean culture and the excitement of a sprawling metropolitan city.

Address: 135 Seobinggo-ro, Yongsan-gu, Seoul, 140-026, Korea
Telephone: +82-2-2077-9000
Website: <http://www.museum.go.kr/main/index/index002.jsp>





Important Dates:

- Extended Deadline of Abstract Submission ▶ May 31, 2011
- Extended Deadline of Early-Bird Registration ▶ May 31, 2011
- Deadline of Pre-Registration ▶ June 30, 2011
- Deadline of Hotel Reservation ▶ June 30, 2011

ICPM 2011 Secretariat

PEOPLE-X. INC. 1F Haeoreum Bldg. 748-5 Yeoksam-dong, Gangnam-gu, Seoul 135-925, Korea
Tel: +82-2-566-6031/6033 Fax: +82-2-566-6087 Email: icpm@icpm2011.org